

Chinese Herbs 中藥學

- 1 Which of the following flavors has astringent function? 下列哪一種藥味有收斂、固澀的作用？
- A. Acrid 辛
 - B. Sweet 甘
 - C. Sour 酸
 - D. Bitter 苦
- 2 In terms of measurement, one *Qian* is equivalent to: “一錢”等於：
- A. 30 grams 30 克
 - B. 0.3 grams 0.3 克
 - C. 3 grams 3 克
 - D. 3 pounds 3 磅
- 3 What is the purpose for processing the individual medicinal substances (herbs) before actual ingestion or application? 草藥炮製的目的：
- A. To alter a substance's properties 改變藥性
 - B. To strengthen the treatment effect 增加療效
 - C. To minimize toxicity and side effects 減輕毒性及副作用
 - D. All of the above 以上皆是
- 4 Which of the following method of processing herb is to change the property of herbs and enhancement the treatment efficiency, stop bleeding and stop diarrhea? 草藥的炮製為改變藥性, 增加療效, 而加強止血, 止瀉的是：
- A. prepared with wine 酒製
 - B. processing with salt 鹽製
 - C. carbonated 炭製
 - D. processing with vinegar 醋製
- 5 Which of the following herb has function of clear heat and dry dampness? 草藥的五味為五種基本滋味, 對清熱降火, 燥濕作用的宜選擇：
- A. Sour 酸味
 - B. Acrid 辛味
 - C. Sweet 甘味
 - D. Bitter 苦味

- 6 A combination of 2 substances w/ similar functions to accentuate their therapeutic actions: 藥性功能相似的藥物配合應用, 以增強療效的配伍關係為:
- A. Mutual Enhancement (Xiang Shi) 相使
 - B. Mutual accentuation (Xiang Xu) 相須
 - C. Mutual counteraction (Xiang Wei) 相畏
 - D. Mutual antagonism (Xiang Wu) 相惡
- 7 A combination in which one substance's toxicity or side effects are reduced or eliminated by another substance: 一種藥物的毒性反應或副作用, 能被另一種藥物減輕或抵消的配伍關係為:
- A. Mutual antagonism (Xiang Wu) 相惡
 - B. Mutual accentuation (Xiang Xu) 相須
 - C. Mutual counteraction (Xiang Wei) 相畏
 - D. Mutual incompatibility (Xiang Fan) 相反
- 8 Which of the following is belongs to “18 incompatibilities (shi ba fan)”? 配伍中屬於十八反的是:
- A. Da Ji (Radix Euphorbiae seu Knoxiae) is incompatible with Gan Cao (Radix Glycyrrhizae Uralensis) 大薊與甘草
 - B. Ren Shen (Radix Ginseng) is incompatible with Wu Bei Zi (Galla Rhois Chinensis) 人參與五倍子
 - C. Ren Shen (Radix Ginseng) is incompatible with Wu Ling Zhi (Excrementum Troglodyteris seu Pteromi) 人參與五靈脂
 - D. Yuan Hua (Flos Daphnes Genkwa) is incompatible with Gan Cao (Radix Glycyrrhizae Uralensis) 芫花與甘草
- 9 Which of the following group of herbs contain toxic substances and is contraindicated for pregnant woman? 下列哪一項是毒猛藥物, 對孕婦是禁用的?
- A. Tao Ren (Sm Persicae), Hong Hua (Flos Carthami Tinctorii) 桃仁、紅花
 - B. Shui Yin (Calomelas), Fang Ji (Radix Stephaniae Tetrandrae) 水銀、防己
 - C. Sha Ren (Fructus Amomi), Xi Xin (Herba cum Radice Asari) 砂仁、細辛
 - D. Xiang Fu (Rz Cyperi), Shui Zhi (Hirudo seu Whitmania) 香附、水蛭
- 10 When decoct the aromatic herbs, should: 芳香性藥物入湯劑時宜:
- A. Decocted first 先煎
 - B. Separately decocted 另煎
 - C. Add near end 後下
 - D. Decocted in gauze 包煎

- 11 A child is less than 5 years old, what is the proper dosage compare to adult's normal dose? 有一小病人不滿 5 歲, 請問您給他的劑量是成人的_____
- A. 1/2
 - B. 1/4
 - C. 1/6
 - D. 1/8
- 12 Sore taste enters Liver channel, therefore, one should not be recommended to intake sore food with which of the following disorder? 酸味入肝, 所以患何病者少吃酸?
- A. Heart 心
 - B. Liver 肝
 - C. Spleen 脾
 - D. Lung 肺
- 13 The diseased location is in upper part or exterior aspect of the body, which of the following property of herb should be used? 病變在上在表時, 一般宜采用什么样藥性的药味?
- A. Rise and fall 升降
 - B. Rise and sink 升沉
 - C. Rise and float 升浮
 - D. None of the above 以上皆非
- 14 What taste of herbs which has tendency to fall and sinking? 沉降藥物多具有的味道是:
- A. Sour 酸
 - B. Bitter 苦
 - C. Salty 鹹
 - D. All of the above 以上皆是
- 15 Formulas that are tonifying and supplementing should be cooked 有補益功效的方劑, 在煎煮時應該:
- A. Over a strong fire for a short period of time 猛火煎煮, 時間要短
 - B. Slowly for 1 hour 文火慢煎一個小時以上
 - C. Cooked three times 煎煮三次
 - D. In a pressure cooker 放在高壓鍋內煎煮
- 16 The process of steaming an herb generally will change the temperature of the herb from one that is cooling to one that is 將一味草藥蒸制之後, 一般而言, 這味藥的藥性 會從涼變:
- A. Hot 熱
 - B. Neutral 平

- C. Warming 溫
- D. Cold 寒

17 Which of the following herb cannot use together with Li Lu? 不能與藜蘆同用的藥是：

- A. Xi Jiao (Cornu Rhinoceri) 犀角
- B. Sheng Di Huang (Radix Rehmanniae Glutinosae) 生地
- C. Mu Dan Pi (Cortex Moutan Radicis) 丹皮
- D. Chi Shao (Radix Paeoniae Rubrae) 赤芍

18 Which of the following herbs is best to treat edema due to clumping of damp heat in the lower burner?
下列那一味藥是治療濕熱結於下焦導致的水腫?

- A. Di Long (Pheretima) 地龍
- B. Shi Jue Ming (Concha Haliotidis) 石決明
- C. Gou Teng (Rm Uncariae) 鉤藤
- D. Tian Ma (Rx Gastrodiae) 天麻

19 When treating a patient of Yin deficiency and low fever, which of the following nature and flavor herbs should be chosen? 治療陰虛低熱的病人，應該用下列哪一種性味的藥？

- A. Bitter and cold herbs 苦寒
- B. Sweet and cold herbs 甘寒
- C. Sour and cold herbs 咸寒
- D. Salty and cold herbs 酸寒

20 Chinese herbs have five flavors: acrid, sweet, bitter, sour, salty. The flavor bland belongs to which of the five flavors? 中藥的五味為“辛、甘、苦、酸、咸”。淡味常附於五味中的那一味？

- A. Acrid 辛
- B. Sweet 甘
- C. Sour 酸
- D. Salty 咸

21 In Chinese herbal medicine, there are seven features used to describe the effect of combining two herbs. Which of the following features indicate toxic and side effects? 七情配伍中表示產生毒副作用的配伍是：

- A. Mutual counteraction, mutual suppression 相畏、相殺
- B. Mutual antagonism, mutual incompatibility 相惡、相反
- C. Mutual counteraction, mutual enhancement 相畏、相使
- D. Mutual enhancement, mutual accentuation 相使、相須

22 The bitter and cold herbs are good to treat: 苦寒藥適用於治療：

- A. Yin deficiency 阴虚
- B. Blood deficiency 血亏
- C. Deficient fever 虚热
- D. Damp heat 湿热

23 Which of the following herbs is the best to treat blood deficiency and stagnation accompanied with cold? 治疗血虚、血滞而有寒者，最适用的药物是：

- A. Radix Rehmanniae Glutinosae (sheng di huang) 生地黄
- B. Radix Paeoniae Lactiflorae (bai shao) 白芍
- C. Radix Angelicae Sinensis (dang gui) 当归
- D. Gelatinum Corii Asini (e jiao) 阿胶

24 Which of the following herbs is good to clearing the fire in the Heart, Liver, and Stomach? 善于清心、肝、胃火的药物是：

- A. Radix et Rhizoma Rhei (da huang) 大黄
- B. Radix Scutellariae Baicalensis (huang qin) 黄芩
- C. Rhizoma Coptidis (huang lian) 黄连
- D. Cortex Phellodendri (huang bai) 黄柏

25 Which of the following herbs is contraindicated to Liver Yang rising pattern? 肝阳上亢证不能用的药物是：

- A. Radix Bupleuri (chai hu) 柴胡
- B. Tuber Curcumae (yu jin) 郁金
- C. Rhizoma Gastrodiae Elatae (tian ma) 天麻
- D. Concha Haliotidis (shi jue ming) 石决明

26 To evaluate an herb's indications, we mainly focus on its: 衡量药物性能主治的主要标志是：

- A. Specific channel entering 归经
- B. Four Qi and five flavors 四气五味
- C. Ascending, descending, flowing and sinking 升降浮沉
- D. Toxic or non- toxic 有毒无毒

27 Which of the following herb groups is most toxic? 以下何组药物最毒？

- A. Chuan Wu (Radix Aconiti Carmichaeli), Fu Zi (Radix Aconiti Carmichaeli Praeparata), Ban Xia (Rhizoma Pinelliae Ternatae) 川乌、附子、半夏
- B. Cao Wu (Radix Aconiti Kusnezoffii), E Jiao (Gelatinum Corii Asini), Bai Hua She (Agkistrodon seu Bungarus) 草乌、阿胶、白花蛇

- C. Da Ji (Radix Euphorbiae seu Knoxiae), Cang Er Zi (Fructus Xanthii Sibirici), Tian Nan Xing (Rhizoma Arisaematis) 大戟、苍耳子、天南星
- D. Wu Zhu Yu (Fructus Evodiae Rutaecarpae), Xing Ren (Semen Pruni Armeniacae), Bai Guo (Ginkgo Bilobae) 吴茱萸、杏仁、白果

28 All the following herbs can not be taken with tea together *except*: 以下药物均不宜与绿茶同时服用，除了：

- A. Ren Shen (Radix Gingseng) 人参
- B. Tu Fu Ling (Rhizoma Smilacis Glabrae) 土茯苓
- C. Mu Dan Pi (Cortex Moutan Radicis) 牡丹皮
- D. Hu Tao Ren (Semen Juglandis Regiae) 胡桃仁

29 Which of the following flavors is best to promote movement of the Qi, and to invigorate the blood? 行气活血选用哪一种味的中药最佳？

- A. Acrid 辛味
- B. Sour 酸味
- C. Sweet 甘味
- D. Bitter 苦味

30 Which of the following flavors is best to treat heat bind and constipation? 热结、便秘选用哪一种味的中药最佳？

- A. Acrid 辛味
- B. Sour 酸味
- C. Bitter 苦味
- D. Sweet 甘味

31 Patients taking Radix Rehmanniae Glutinosae (sheng di huang), Radix Rehmanniae Glutinosae Conquatae (shu di huang) and Radix Polygoni Multiflori (he shou wu) should avoid: 病人在服用生地黄、熟地黄、何首乌时，应忌用：

- A. Vinegar 醋
- B. Very concentrated tea 浓茶
- C. Onions, garlic and radishes 洋葱、蒜、小萝卜
- D. Raw and cold food 生冷食物

32 Which of the following group of herbs belongs to “18 incompatibilities (shi ba fan)”? 以下哪一组中药属于“十八反”？

- A. Radix Glycyrrhizae Uralensis (gan cao) is incompatible with Radix Euphorbiae Kansui (gan sui), Radix Euphorbiae seu Knoxiae (da ji), and Fructus Trichosanthis (gua lou) 甘草反甘遂、大戟、瓜蒌
- B. Radix Glycyrrhizae Uralensis (gan cao) is incompatible with Flos Daphnes Genkwa (yuan hua), Herba Sargassii (hai zao), and Rhizoma Bletillae Striatae (bai ji) 甘草反芫花、海藻、白芨
- C. Radix Aconiti (wu tou) is incompatible with Bulbus Fritillariae (bei mu), Fructus Trichosanthis (gua lou) and Rhizoma Pinelliae Ternatae (ban xia) 乌头反贝母、瓜蒌、半夏
- D. Rhizoma et Radix Veratri (li lu) is incompatible with Radix Ginseng (ren shen), Radix Sophorae Flavescentis (ku shen) and Rhizoma Pinelliae Ternatae (ban xia) 藜芦反人参、苦参、半夏

33 Generally speaking, the pregnant woman should avoid taking: 孕妇一般应该忌用：？

- A. Herbs that restrain and inhibit herb 收敛药
- B. Herbs that very tonify 峻补药
- C. Herbs that very hot 大热的药
- D. Herbs that moisten intestine 润肠药

34 In order to reduce its effect of numbness of the lips, what kind of method will be used for preparing Rhizoma Pinelliae Ternatae (ban xia)? 为了减少半夏的麻舌作用，常采用何种炮制方法？

- A. Prepare with salt 盐制
- B. Prepare with Ginger 姜制
- C. Prepare with honey 蜜炙
- D. Prepare with Chinese wine 酒制

35 Which of the following herbs can not be cooked too long? 以下哪一味药不宜久煎？

- A. Radix Notoginseng (san qi) 三七
- B. Herba Artemisiae Annuae (qing hao) 青蒿
- C. Herba Artemisiae Annuae (qing hao) 白术
- D. Radix , Angelicae Sinensis (Dang Gui) 当归

36 When treating exterior deficiency symptoms such as fever and chills with sweating, and a floating deficient pulse, one should first consider using which herbs? 對於表虛症諸如發熱，寒顫，汗出，而脈浮虛者，首先應該考慮用：

- A. Ma Huang (Hb Ephedrae) 麻黃
- B. Gui Zhi (Rm Cinnamomi) 桂枝
- C. Fang Feng (Hb Ledeborelliea) 防風
- D. None of the above 以上皆非

37 The maximum dosage of the herb Xi Xin (Hb Asari) is 細辛的最大劑量是：

- A. 1 gram
- B. 6 grams

- C. 9 grams
- D. 3 grams

38 Which of the following herbs is contraindicated in blood deficiency headaches? 下列哪一味中藥對於血虛頭痛者忌用？

- A. Qiang Huo (Rx Notopterygii) 羌活
- B. Fang Feng (Rx Iedebouriella) 防風
- C. Gao Ben (Rx Ligustici) 藁本
- D. None of the above 以上皆非

39 The following herb is not contraindicated in cases of sweating due to Wei Qi deficiency: 下列哪一味中藥並不忌用於衛氣虛而出汗者？

- A. Xiang Ru (Hb Moslae) 香薷
- B. Sheng Jiang (Rz Zingiberis) 生薑
- C. Xin Yi (Fl Magnoliae) 辛夷
- D. Cong Bai (Bl Allii) 蔥白

40 Which of the following herbs can treat wind-cold exterior pattern and phlegm-rheum? 治疗风寒表证及痰饮的药物是：

- A. Herba Ephedrae (ma huang) 麻黃
- B. Ramulus Cinnamomi Cassiae (gui zhi) 桂枝
- C. Rhizoma Zingiberis Officinalis (gan jiang) 干姜
- D. Rhizoma et Radix Notopterygii (qiang hu) 羌活

41 Ge Gen (Rx Pueraria) is not indicated for 葛根的適應症不是：

- A. Releasing the muscle layer 解肌
- B. Venting rashes and measles 透疹
- C. Generating body fluids 生津
- D. Treating constipation 通便

42 Which of the following herbs is not indicated for treating headaches? 下列哪一味中藥不是用來治療頭痛的？

- A. Man Jing Zi (Fr Victicis) 蔓荊子
- B. Mu Zei (Hb Equiseti) 木賊
- C. Ge Gen (Rx Pueraria) 葛根
- D. Ju Hua (Fm Chrysanthemi) 菊花

- 43 Which is not the characteristic of the herb Mu Zei (Hb Equiseti)? 下列哪一項不是木賊的特點？
- A. Lung, Liver and Kidney affinity 歸肺、肝、腎經
 - B. Normal dosage is 3-9 grams 常規劑量是 3-9 克
 - C. Use with caution in cases of urinary frequency 尿頻者慎用
 - D. None of the above 以上皆非
- 44 The differential point between Du Huo and Qiang Huo is: 獨活與羌活的區別為:
- A. Du Huo (Radix Angelicae Pubescentis) is effective to treat pain in the upper part of body, Qiang Huo (Rhizoma et Radix Notopterygii) is effective to treat pain in the lower part of body. 獨活治上半身的痺痛, 羌活治下半身的痺痛
 - B. Du Huo (Radix Angelicae Pubescentis) and Qiang Huo (Rhizoma et Radix Notopterygii) have same actions. 獨活與羌活功效相同
 - C. Du Huo (Radix Angelicae Pubescentis) is effective to treat pain in the lower part of body, Qiang Huo (Rhizoma et Radix Notopterygii) is effective to treat pain in the upper part of body. 獨活治下半身的痺痛, 羌活治上半身的痺痛
 - D. None of the above 以上皆非
- 45 Which of the following herb is good for treating headache in the forehead, it enters the Lung and Stomach channels, can benefits the nose and also indicated for leukorrhea? 善治前額痛, 歸肺, 胃經可以通鼻竇, 帶下的藥為是:
- A. Qiang Huo (Rhizoma et Radix Notopterygii) 羌活
 - B. Xi Xin (Herba cum Radice Asari) 細辛
 - C. Chai Hu (Radix Bupleuri) 柴胡
 - D. Bai Zhi (Radix Angelicae Dahuricae) 白芷
- 46 Which of the following herb can expel the cold, and stop vomiting and calm the fetus? 既能散寒, 又能止嘔安胎的藥為:
- A. Fang Feng (Radix Ledebouriiellae Divaricatae) 防風
 - B. Zi Sue Ye (Folium Perillae Frutescentis) 紫蘇
 - C. Sheng Jiang (Rhizoma Zingiberis Officinalis Recens) 生姜
 - D. Qiang Huo (Rhizoma et Radix Notopterygii) 羌活
- 47 Which of the following is the best herb to treat external wind-heat accompany with constipation? 外感風熱伴有便秘者應首選:
- A. Ju Hua (Flos Chrysanthemi Morifolii) 菊花
 - B. Sang Ye (Folium Mori Albae) 桑葉
 - C. Bo He (Herba Menthae Haplocalycis) 薄荷

- D. Niu Bang Zi (Fructus Arctii Lappae) 牛蒡子
- 48 Which of the following herb does not have the function to vents rashes? 下列何药没有透疹作用:
- A. Jing Jie (Herba seu Flos Schizonepetae Tenuifoliae) 荆芥
 B. Fang Feng (Radix Ledebouriellae Divaricatae) 防风
 C. Chan Tui (Periostracum Cicadae) 蝉蜕
 D. Sheng Ma (Rhizoma Cimicifugae) 升麻
- 49 The herb that can promote sweating and calm wheezing is: 能發汗平喘的藥為:
- A. Ma Huang (Hb Ephedrae) 麻黃
 B. Gui Zhi (Rm Cinnamomi) 桂枝
 C. Jing Jie (Herba seu Flos Schizonepetae Tenuifoliae) 荆芥
 D. Zi Su (Folium Perillae Fructescentis) 紫蘇
- 50 Which of the following pattern is not contraindicated with Ma Huang (Hb Ephedrae)? 下列那項不是麻黃的禁忌症?
- A. Spontaneous sweating due to deficient exterior 表虛自汗
 B. Night sweating due to Yin deficiency 陰虛盜汗
 C. Wheezing due to Kidney deficiency 腎虛喘息
 D. Bi painfulness due to wind warmth 風溫痺痛
- 51 Ther herb that has the function of stopping bleeding is: 下列那味藥有止血的作用?
- A. Zi Su (Folium Perillae Fructescentis) 紫蘇
 B. Jing Jie (Herba seu Flos Schizonepetae Tenuifoliae) 荆芥
 C. Fang Feng (Hb Ledeborelliea) 防風
 D. Gui Zhi (Ramulus Cinnamomi) 桂枝
- 52 Which of the following herbs does not have the function of unblocking the nose orifices? 下列那味藥沒有通鼻竅的作用?
- A. Xi Xin (Herba cum Radice Asari) 細辛
 B. Qiang Huo (Rhizoma et Radix Notopterygii) 羌活
 C. Cang Er Zi (Fructus Xanthii Sibirici) 蒼耳子
 D. Xin Yi (Herba cum Radice Asari) 辛夷
- 53 Which of the following herb can clear Liver-fire, and it is indicated for goiter and can used to lower the blood pressure? 既清肝火, 治疗瘰癧, 又能降血压的药为:
- A. Shi Gao (Gypsum) 石膏

- B. Zhi Mu (*Rhizoma Anemarrhenae Asphodeloidis*) 知母
 C. Zhi Zi (*Fructus Gardeniae Jasminoidis*) 栀子
 D. Xia Ku Cao (*Spica Prunellae Vulgaris*) 夏枯草
- 54 To clear the deficiency heat, which of the following herb is best? 清虚热应选:
 A. Huang Lian (*Rhizoma Coptidis*) 黄连
 B. Huang Qin (*Radix Scutellariae Baicalensis*) 黄芩
 C. Huang Bai (*Cortex Phellodendri*) 黄柏
 D. Ku Shen (*Radix Sophorae Flavescentis*) 苦参
- 55 Which of the following herb has an additional function of promoting the urination? 下列哪一药还有利尿作用:
 A. Huang Lian (*Rhizoma Coptidis*) 黄连
 B. Huang Qin (*Radix Scutellariae Baicalensis*) 黄芩
 C. Huang Bai (*Cortex Phellodendri*) 黄柏
 D. Ku Shen (*Radix Sophorae Flavescentis*) 苦参
- 56 Which of the following herb should be selected for treatment of intestinal abscess? 治疗肠痈应选:
 A. Pu Gong Ying (*Herba Taraxaci Mongolici cum Radice*) 蒲公英
 B. Lian Qiao (*Fructus Forsythiae Suspensae*) 连翘
 C. Bai Jiang Cao (*Herba cum Radice Patriniae*) 败酱草
 D. Da Qing Ye (*Folium Daqingye*) 大青叶
- 57 Which of the following herb can be used to clear the external wind-heat, clear the summerheat, and also have function to treat the desentery diarrhea? 能清风热, 去暑热, 又善治痢疾的药是:
 A. Jin Yin Hua (*Flos Lonicerae Japonicae*) 银花
 B. Lian Qiao (*Fructus Forsythiae Suspensae*) 连翘
 C. Pu Gong Ying (*Herba Taraxaci Mongolici cum Radice*) 蒲公英
 D. Da Qing Ye (*Folium Daqingye*) 大青叶
- 58 What is Lian Qiao (*Fructus Forsythiae Suspensae*)'s property? 连翘的性味是:
 A. Sweet, Cold 甘, 寒
 B. Bitter, Cold 苦, 寒
 C. Bitter, Sweet, Cold 苦, 甘, 寒
 D. Bitter, Neutral 苦, 平
- 59 Which herb is especially useful for breast abscesses? 善治乳癰的藥是:

- A. Pu Gong Ying (Herba Taraxaci Mongolici cum Radice) 蒲公英
- B. Jin Ying Hua (Flos Lonicerae Japonicae) 銀花
- C. Bai Jiang Cao (Bombyx Batryticatus) 敗醬草
- D. Lian Qiao (Fructus Forsythiae Suspensae) 連翹

60 Which of the following herb has function to expel pus? 下列哪一味藥還有排膿作用？

- A. Shi Gao (Gypsum) 石膏
- B. Zhi Mu (Rhizoma Anemarrhenae Asphodeloidis) 知母
- C. Tian Hua Fen (Radix Trichosanthis Kirilowii) 天花粉
- D. Lu Hui (Herba Aloes) 蘆薈

61 Patient has excessive heat in all three burners, the skin has yellow color. Which of the following herb is best for this condition? 病人三焦熱盛，皮膚發黃，應選用下列何種藥？

- A. Shi Gao (Gypsum) 石膏
- B. Zhi Mu (Rhizoma Anemarrhenae Asphodeloidis) 知母
- C. Zhi Zi (Fructus Gardeniae Jasminoidis) 梔子
- D. Xia Ku Cao (Spica Prunellae Vulgaris) 夏枯草

62 To clear Gall-bladder heat, the best herb is: 去膽熱應首選：

- A. Huang Lian (Rhizoma Coptidis) 黃連
- B. Huang Qin (Radix Scutellariae Baicalensis) 黃芩
- C. Huang Bai (Cortex Phellodendri) 黃柏
- D. Ku Shen (Radix Sophorae Flavescens) 苦參

63 Besides clear the damp heat, which of the following has an additional function of stop bleeding? 除了清熱燥濕以外，下列哪一味藥還有止血作用？

- A. Huang Lian (Rhizoma Coptidis) 黃連
- B. Huang Qin (Radix Scutellariae Baicalensis) 黃芩
- C. Huang Bai (Cortex Phellodendri) 黃柏
- D. Long Dan Cao (Radix Gentianae Longdancao) 龍膽草

64 The herb can cool the blood and disperse the stasis is: 涼血散結應選：

- A. Sheng Di (Radix Rehmanniae Glutinosae) 生地
- B. Xuan Shen (Radix Scrophulariae Ningpoensis) 玄參
- C. Mu Dan Pi (Cortex Moutan Radicis) 丹皮
- D. Chi Shao (Radix Paeoniae Rubrae) 赤芍

- 65 The herb can clear the deficiency heat and clear summer heat is: 既能清虛熱又能清暑熱的藥是 :
- A. Huang Bai (Cortex Phellodendri) 黃柏
 - B. Qing Hao (Rhizoma et Radix Notopterygii) 青蒿
 - C. Di Gu Pi (Cortex Lycii Radicis) 地骨皮
 - D. Hu Huang Lian (Rhizoma Picrorhizae) 胡黃連
- 66 The herb Di Gu Pi has the following functions except: 中藥地骨皮具有下列功能，除了 :
- A. Treats steaming bone disorder 治療骨蒸
 - B. Can be used for night sweating 用於盜汗
 - C. Drains lung heat, and treats cough 泄肺熱，止咳
 - D. Treats diarrhea due to damp heat 用於濕熱腹瀉
- 67 You receive a call from one of your patients, who says that they have a very high fever with excessive sweating, irritability and extreme thirst. Which of the following herbal combinations would be best to prescribe? 病人來電話，告知發高燒，大汗淋漓，煩渴引飲。下列哪一對中藥配伍最為適用？
- A. Xia Ku Cao (Spica Prunella) and Ma Huang (Hb Ephedra) 夏枯草、麻黃
 - B. Dan Zhu Ye (Hb Lophtheri) and Lu Gen (Rz Phragmatis) 淡竹葉、蘆根
 - C. Shi Gao (Gypsum Fibrosum) and Zhi Mu (Rz Anemarrhenae) 石膏、知母
 - D. Fang Feng (Rx Ledebourellia) and Zhi Zi (Fr Gardenia) 防風、梔子
- 68 Which of the following herbs has function to promote the urination and alleviate painful urination? 下列何藥還有利尿通淋作用？
- A. Jin Yin Hua (Flos Lonicerae Japonicae) 銀花
 - B. Lian Qiao (Fructus Forsythiae Suspensae) 連翹
 - C. Pu Gong Ying (Herba Taraxaci Mongolici cum Radice) 蒲公英
 - D. Da Qing Ye (Folium Daqingye) 大青葉
- 69 Sore and swollen throat and bleeding should select which of the following herb: 咽喉腫痛出血應選用 :
- A. Shan Dou Gen (Radix Sophorae Tonkinensis) 山豆根
 - B. Ma Bo (Fructificatio Lasiosphaerae seu Calvatiae) 馬勃
 - C. She Gan (Rhizoma Belamcandae Chinensis) 射干
 - D. Ban Lan Gen (Radix Isatidis seu Baphicacanthi) 板藍根
- 70 Which of the following herbs is best to treat Heart and Stomach fire exuberant, irritability, and vomit? 治療心胃火盛，心煩，嘔吐的藥物首選 :
- A. Radix Scutellariae Baicalensis (huang qin) 黃芩

- B. Rhizoma, Coptidis (huang Lian) 黃連
- C. Rhizoma Anemarrhenae Asphodeloidis (zhi mu) 知母
- D. Caulis Bambusae in Taeniis (zhu ru) 竹茹

71 Which of the following herbs is not considered a purgative? 下列哪一味中藥不是瀉下藥？

- A. Da Huang (Rx et Rx Rhei) 大黃
- B. Lu Hui (Aloe) 蘆薈
- C. Da Ji (Rx Euphorbia Knoxiae) 大戟
- D. All of the above are purgative herbs 以上皆是瀉下藥

72 Which of the following herb has function to soften the hardness? 下列何藥還有軟堅作用？

- A. Da Huang (Rx et Rx Rhei) 大黃
- B. Mang Xiao (Mirabilitum) 芒硝
- C. Lu Hui (Herba Aloes) 蘆薈
- D. Qian Niu Zi (Semen Pharbitidis) 牽牛子

73 Which of the following herb has stronge moving property, and its easily injury the right Qi (Zheng Qi)
下列哪一味藥性走竄，易傷正氣

- A. Du Huo (Radix Angelicae Pubescentis) 獨活
- B. Mu Gua (Fructus Chaenomelis) 木瓜
- C. Wei Ling Xian (Radix Clematidis) 威靈仙
- D. None of the above 以上皆非

74 Patient has pain in the joints, numbness in the extremities, also accompany with high blood pressure.
Which of the following herb will you select for the patient? 病人骨節疼痛，四肢麻木，同時又有高血壓。你會選用下列哪一味中藥？

- A. Du Huo (Radix Angelicae Pubescentis) 獨活
- B. Mu Gua (Fructus Chaenomelis) 木瓜
- C. Wei Ling Xian (Radix Clematidis) 威靈仙
- D. Xi Xian Cao (Herba Siegesbeckiae) 豨薟草

75 Which herb can alleviate headache and dizziness due to liver yang rising? 以下何藥可以減輕肝陽上亢造成的頭暈頭痛？

- A. Xi Xian Cao (Hb Segiesbekiae) 豨薟草
- B. Wu Jia Pi (Cortex Acanthopanax) 五加皮
- C. Sang Zhi (Rm Mori) 桑枝
- D. None of the above 以上皆非

76 Which of the following herb enters both Stomach and Lung channels? 下列哪一味中藥既歸脾胃經，又歸肺經？

- A. Cang Zhu (Rhizoma Atractylodis) 蒼朮
- B. Hou Po (Cortex Magnoliae Officinalis) 厚樸
- C. Pei Lan (Herba Eupatorii Fortunei) 佩蘭
- D. Sha Ren (Fructus Amomi) 砂仁

77 Patient has dampness obstruction in the middle jiao, nausea and vomiting due to pregnancy. Which of the following herb will you select for this patient? 對於濕阻中焦，妊娠嘔吐的病人，你會選用下列哪一味中藥？

- A. Cang Zhu (Rhizoma Atractylodis) 蒼朮
- B. Sha Ren (Fructus Amomi) 砂仁
- C. Pei Lan (Herba Eupatorii Fortunei) 佩蘭
- D. Hou Po (Cortex Magnoliae Officinalis) 厚樸

78 All of the following herbs have the function of promote the urination to drain the dampness. Which of the following herbs has extra function to drain the deficiency Kidney fire? 下列哪一味藥除了利水滲濕之外，還有泄腎火的作用？

- A. Fu Ling (Sclerotium Poriae Cocos) 茯苓
- B. Zhu Ling (Sclerotium Polypori Umbellati) 豬苓
- C. Dong Gua Pi (Epicarpium Benincasae Hispidae) 冬瓜皮
- D. Ze Xie (Rhizoma Alismatis Orientalis) 澤瀉

79 Which of the following herbs has be used with caution for pregnant women? 下列哪一味中藥孕婦慎用？

- A. Mu Tong (Caulis Mutong) 木通
- B. Hua Shi (Talcum) 滑石
- C. Che Qian Zi (Semen Plantaginis) 車前子
- D. Jin Qian Cao (Herba Lysimachiae) 金錢草

80 Patient has difficulty urination, and painful urination. Which of the following herb will you select? 病人小便不利，淋漓澀痛，你會選用下列哪一味中藥？

- A. Di Fu Zi (Fructus Kochiae Scopariae) 地膚子
- B. Dong Gua Pi(Epicarpium Benincasae Hispidae) 冬瓜皮
- C. Yin Chen Hao (Herba Artemisiae Yinchenhao) 茵陳蒿
- D. None of the above 以上皆非

81 A patient has Spleen deficiency, weak constitution, poor appetite, loose stool, palpitation, and insomnia. Which of the following herb should be selected with the herbs which calms the shen and tonify the Spleen? 病人脾虛體弱，食少便溏，又有心悸失眠。你會考慮選用下列哪一味中藥配上安神補脾藥同用？

- A. Fu Ling (Sclerotium Poriae Cocos) 茯苓
- B. Zhu Ling (Sclerotium Polypori Umbellati) 豬苓
- C. Ze Xie (Rhizoma Alismatis Orientalis) 澤瀉
- D. Che Qian Zi (Semen Plantaginis) 車前子

82 Which of the following herbs does not have a spleen and stomach channel affinity? 下列那一味藥不歸脾和胃經？

- A. Bai Dou Kou (Fr. Ammomi Rotundis) 白豆蔻
- B. Cao Dou Kou (Sm Alpinae Katsumadai) 草豆蔻
- C. Cao Guo (Fr. Ammomi Tsaoko) 草果
- D. None of the above 以上皆非

83 Common characteristics of herbs that warm the interior include: 溫裏的中藥的共同特性包括：

- A. Sweet taste, affinity with the lung 味甘，入肺經
- B. Acrid taste, affinity with the kidney 味辛，入腎經
- C. Warm the tissues and nourish the blood 溫煦組織，補血
- D. Support the yang qi, nourish fluid and yin 補陽，滋陰，益津液

84 Which of the following herb has function to restores devastated yang? 那一味藥善溫一身陽氣？

- A. Fu Zi (Radix Lateralis Aconiti Carmichaeli Praeparata) 附子
- B. Rou Gui (Cortex Cinnamomi Cassiae) 肉桂
- C. Rhizoma Zingiberis Officinalis (gan jiang) 干姜
- D. Xiao Hui Xiang (Fructus Foeniculi Vulgaris) 小茴香

85 Which of the following herb has function best to warm the Kidney yang and Ming Men Fire (Gate of vitality)? 那一味藥善溫命門之火？

- A. Fu Zi (Radix Lateralis Aconiti Carmichaeli Praeparata) 附子
- B. Rou Gui (Cortex Cinnamomi Cassiae) 肉桂
- C. Rhizoma Zingiberis Officinalis (gan jiang) 干姜
- D. Xiao Hui Xiang (Fructus Foeniculi Vulgaris) 小茴香

86 Which of the following herb has function best to warm the Spleen Yang? 那一味藥善溫脾陽？

- A. Fu Zi (Radix Lateralis Aconiti Carmichaeli Praeparata) 附子
- B. Rou Gui 肉桂

- C. Rhizoma Zingiberis Officinalis (gan jiang) 干姜
 D. Xiao Hui Xiang (Fructus Foeniculi Vulgaris) 小茴香

87 Which of the following herb has function best to expel the coldness in the Liver channel? 那一味藥善散肝寒?

- A. Fu Zi (Radix Lateralis Aconiti Carmichaeli Praeparata) 附子
 B. Rou Gui 肉桂
 C. Rhizoma Zingiberis Officinalis (gan jiang) 干姜
 D. Xiao Hui Xiang (Fructus Foeniculi Vulgaris) 小茴香

88 Which of the following herb is good for treating the Jue-Yin Headache, and the external application of this herb can be used for treatment of hypertension? 下列哪味藥善治厥陰頭痛,外用尚可治療高血壓:

- A. Fu Zi (Radix Lateralis Aconiti Carmichaeli Praeparata) 附子
 B. Xiao Hui Xiang (Fructus Foeniculi Vulgaris) 小茴香
 C. Wu Zhu Yu (Fructus Evodiae Rutaecarpae) 吳茱萸
 D. Hua Jiao (Pericarpium Zanthoxyli Bungeani) 花椒

89 One of your patients comes into the clinic complaining of a cough with copious sputum, and tightness in the chest. Which of the following herbs would be the last for you to consider? 一個你的病人來到診所抱怨咳嗽有大量的痰,胸口覺得緊,以下那一味藥是你最不可能使用的?

- A. Mu Xiang (Rx Aucklandiae) 木香
 B. Chen Pi (Citri Reticulatae Pericarpium) 陳皮
 C. Zhi Ke (Fr Aurantii) 枳殼
 D. Ju Hong (Citri Reticulatae Exocarpium Rubrum) 橘紅

90 Which of the following is not characteristic of the herb Mu Xiang (Rx Sausauriae)? 以下何項不是木香的治療特點?

- A. Treats flank pain due to stagnant Gallbladder and Liver Qi 治療肝膽氣滯的背痛
 B. Regulates stagnant intestinal Qi 調節腸的氣滯
 C. Treats dysentery and tenesmus 治療腹瀉和痢疾
 D. Treats Yin deficiency cough 治療陰虛咳嗽

91 Which is the best herb for resolving phlegm in the lung and in the spleen? 下列那一味藥最佳的是化痰藥,尤其脾肺之痰?

- A. Zhi Shi (Fr. Aurantii Immaturus) 枳實
 B. Qing Pi (Citri Reticulatae Pericarpium Verde) 青皮
 C. Chen Pi (Citri Reticulatae Pericarpium) 陳皮

D. Xiang Fu (Rz Cyperi) 香附

92 Which of the following herbs effectively treat abdominal pain due to Qi stagnation? 以下何藥可以治療氣滯腹痛?

- A. Zhi Shi (Fr. Aurantii Immaturus) 枳實
- B. Mu Xiang (Rx Sausauriae) 木香
- C. Ju Hong (Citri Reticulatae Exocarpium Rubrum) 橘紅
- D. Both A and B A 和 B

93 All of the herbs below have a liver affinity except 下列除了那味藥以外, 其餘的藥皆歸肝經?

- A. Chen Pi (Citri Reticulatae Pericarpium) 陳皮
- B. Xiang Fu (Rz Cyperi) 香附
- C. Qing Pi (Citri Reticulatae Pericarpium Veride) 青皮
- D. None of the above 以上皆非

94 A patient come into the clinic complaining of belching, lack of appetite, borborygmus and abdominal fullness after eating a large meal of pork. The best herb for this patient would be 病人來到診所, 抱怨打隔, 食慾不佳, 大吃一餐後會有腸鳴腹脹, 以下那一味藥最適合此病人?

- A. Ji Nei Jin (Galli Endothelium Corneum) 雞內金
- B. Shan Zha (Fr, Crataegi) 山楂
- C. Shen Qu (Massa Fermenta) 神曲
- D. None of the above 以上皆非

95 The herb in the previous question is also used to 承上題, 此藥物還有什麼作用?

- A. Treat Hypertension 治療高血壓
- B. Treat elevated serum cholesterol 治療高膽固醇
- C. Transform blood stasis 化瘀
- D. All of the above 以上皆是

96 Which of the following herbs can be useful in treating liver qi stagnation? 以下何藥可以治療肝鬱氣滯?

- A. Lai Fu Zi (Sm. Raphani) 萊菔子
- B. Ji Nei Jin (Galli Endothelium Corneum) 雞內金
- C. Mai Ya (Fr. Hordei Germinatus) 麥芽
- D. None of the above 以上皆非

97 The herb Ji Nei Jin (Galli Endothelium Corneum) is indicated for all of the following except 雞內金的應用不包括:

- A. Bed wetting 尿床
- B. Childhood nutritional impairment 小兒營養不良
- C. Food stagnation 食積
- D. Cough with phlegm 咳嗽有痰

98 All of the following herbs reduce food stagnation, which of them is also good for directing Qi downward and transforming phlegm? 消食药中擅长于降气化痰的药是：

- A. Fermentata Massa, (shen qu) 神曲
- B. Fructus Crataegi, (shan zha) 山楂
- C. Semen Raphani Sativi, (lai fu zi) 莱菔子
- D. Endothelium Corneum Gigeriae Galli, (ji nei jin) 鸡内金

99 A patient comes into the clinic to see you after he has cut himself severely on the leg. The wound is still bleeding and fresh. You would first consider using: 病人來診所, 他嚴重的割傷了他的大腿, 傷口仍然在流血, 血色鮮紅. 此時你會馬上考慮用那一味藥?

- A. Pu Huang (Pollen Typhae) 蒲黃
- B. San Qi (Rx. Notoginseng) 三七
- C. Qian Cao (Rx. Rubrae) 茜草
- D. Sang Bai Pi (Cortex Mori) 桑白皮

100 In the bleeding disorder, a profuse bleeding with fresh red blood, and accompany symptoms are restlessness, thirsty, pulse is forceful rapid. Which of the following herb should be selected? 出血证, 血量较多, 色鮮紅, 伴有心煩, 口渴, 脉数有力, 应选用:

- A. Di Yu (Radix Sanguisorbae Officinalis) 地榆
- B. Bai Ji (Rhizoma Bletillae Striatae) 白芨
- C. Ai Ye (Argy Wormwood Leaf) 艾葉
- D. Pu Huang (Pollen Typhae) 蒲黃

101 San Qi (Panax Notoginseng) has the ability to 三七的功效為:

- A. regulates the blood 調血
- B. stop bleeding 止血
- C. cool the blood 涼血
- D. both A and B A 和 B

102 The herb can used for forcefully breaks up blood stasis, promotes the movement of qi, and also good for treatment of abdominal pain and distention due to food stagnation? 活血行气, 又善于消食积的药为:

- A. Yuan Hu/ Yan Hu Suo (Rhizoma Corydalis Yanhusuo) 元胡

- | | | |
|----|--|----|
| B. | San Leng (Rhizoma Sparganii Stoloniferi) | 三棱 |
| C. | Mo Yao (Myrrha) | 没药 |
| D. | Ru Xiang (Gummi Olibanum) | 乳香 |

103 Which of the following herbs can treat jaundice? 以下何藥可以治療黃疸?

- | | | |
|----|-------------------------------------|-----|
| A. | Jiang Huang (Rz Curcumae Longae) | 姜黃 |
| B. | Yan Hu Suo (Rz Corydalis) | 延胡索 |
| C. | Yu Jin (Rx Curcurmae) | 鬱金 |
| D. | Dan Shen (Rx Salviae Miltiorrhizae) | 丹參 |

104 A patient comes into the clinic complaining of chest pain and constriction. The patient also has palpitations, irritability and insomnia. Your herb of choice would be 病人主訴胸痛有壓迫感, 同時有心悸, 煩燥, 和失眠的困擾. 你應選擇以下何藥?

- | | | |
|----|-------------------------------------|-----|
| A. | Dan Shen (Rx Salviae Miltiorrhizae) | 丹參 |
| B. | Yi Mu Cao (Hb Leonuri) | 益母草 |
| C. | Yan Hu Suo (Rz Corydalis) | 延胡索 |
| D. | Chuan Xiong (Rz Chuanxiong) | 川芎 |

105 Of all the herbs below, which is the best herb for moving blood and Qi to alleviate pain? 下列所有藥中, 那一味藥是最佳的活血行氣藥, 有良好的止痛效果?

- | | | |
|----|-------------------------------------|------|
| A. | Yan Hu Suo (Rz Corydalis) | 延胡索 |
| B. | Yi Mu Cao (Hb Leonuri) | 益母草 |
| C. | Dan Shen (Rx Salviae Miltiorrhizae) | 丹參 |
| D. | None of the above | 以上皆非 |

106 A patient comes into your clinic complaining of severe left shoulder pain, which is sharp and fixed, and exasperated by cold. Which herb would you choose first? 病人走進你的診所, 主訴為左肩疼痛劇烈, 痛有定位且是刺痛, 遇冷疼痛更甚. 首選藥為:

- | | | |
|----|-------------------------------------|-----|
| A. | Yi Mu Cao (Hb Leonuri) | 益母草 |
| B. | Dan Shen (Rx Salviae Miltiorrhizae) | 丹參 |
| C. | Yu Jin (Rx Curcurmae) | 鬱金 |
| D. | Jiang Huang (Rz Curcumae Longae) | 姜黃 |

107 A patient comes into the clinic with a sprained ankle. The patient has tension and pain in the local area and in the Achilles tendon. His calves are tight, and his pulse is tight and clumpy. The best to use for this patient would be: 病人因腳踝扭傷來診所就診, 症見局部脹痛, 韌帶繃緊, 小腿繃緊, 脈緊. 下列哪一味中藥最適用於治療 這個病人?

- A. Chi Shao (Rx Paoniae Rubra) 赤芍
- B. E Zhu (Rz Curcumae E Zhu) 莪朮
- C. Ru Xiang (Gummi Olibanum) 乳香
- D. Sang Leng (Rz Sparganii) 三棱

108 The herb in the question above is commonly used in dosages of: 上題的這一味中藥的常規用量是：

- A. 6-12 grams (克)
- B. 15-30 grams (克)
- C. 1.5-3 grams (克)
- D. 3-9 grams (克)

109 Which of the herb has a sour taste? 下列哪一味中藥味酸？

- A. San Leng (Rz Sparganii) 三棱
- B. E Zhu (Rz Curcumae E Zhu) 莪朮
- C. Chi Shao (Rx Paoniae Rubrae) 赤芍
- D. Tao Ren (Sm Persicae) 桃仁

110 Which herb has the function of treating spasm in the limbs or constriction that impair the bending of joints? 下列哪一味中藥可以治療四肢攣急，以致關節不利？

- A. Wang Bu Liu Xing(Sm Vacarriae) 王不留行
- B. Wu Ling Zhi (Excrementum Trogopteroi) 五靈脂
- C. Chuan Shan Jia (Squama Manitis) 穿山甲
- D. None of the above 以上皆非

111 Normal dosage of the herb in the question above is: 上題這一味中藥的常規用量是：

- A. 6-12 grams 6-12 克
- B. 3-9 grams in decoction 入煎劑 3-9 克
- C. 0.5-1 gram in pill or powder 入丸散 0.5-1 克
- D. 15-30 grams 15-30 克

112 Which of the following herbs can promote urination? 下列哪一味中藥可以利尿？

- A. Yi Mu Cao (Hb Leonuri) 益母草
- B. Chuan Xiong (Rz Chuanxiong) 川芎
- C. Ze Lan (Hb Lycopi) 澤蘭
- D. Both A & C A 和 C

113 A patient comes into the clinic suffering from lower back pain and edema. They are also complaining of urinary dribbling. The best herb for this patient would be: 病人苦于腰痛和水腫，同時有小便淋漓不盡的問題。下列何種中藥可以選用？

- A. Wang Bu Liu Xing (Sm. Vaccariae) 王不留行
- B. Chuan Shan Jia (Squama Manitis) 穿山甲
- C. Chuan Niu Xi (Rx. Cyanthulae) 川牛膝
- D. None of the above. 以上皆非

114 Which of the following herbs can both regulate the menstruation by invigorating blood and dispelling blood stasis, and alleviate pain by moving qi and opening up areas of constraint? 既能活血祛瘀以调经，又能行气开郁以止痛的药是：

- A. Radix Achyranthis Bidentatae (niu xi) 牛膝
- B. Radix Ligustici Chuanxiong (chuan xiong) 川芎
- C. Rhizoma Corydalis Yanhusuo (yan hu suo) 延胡索
- D. Herba Leonuri Heterophylli (yi mu cao) 益母草

115 The differentiation point between Chuan Bei Mu and Ze Bai Mu is: 川貝母與浙貝母的區別為：

- A. Chuan Bei Mu (Bulbus Fritillariae Cirrhosae) transforms phlegm and stop cough, Zhe Bei Mu (Bulbus Fritillariae Thunbergii) clears heat and dissipates nodules 川貝母化痰止咳，浙貝母清熱散結
- B. Chuan Bei Mu (Bulbus Fritillariae Cirrhosae) clears heat and dissipates nodules, Zhe Bei Mu (Bulbus Fritillariae Thunbergii) transforms phlegm and stop cough 川貝母清熱散結，浙貝母化痰止咳
- C. Chuan Bei Mu (Bulbus Fritillariae Cirrhosae) calms wheezing, Zhe Bei Mu (Bulbus Fritillariae Thunbergii) transforms phlegm 川貝母平喘，浙貝母化痰
- D. None of the above 以上皆非

116 The key difference between Zi Wan and Kuan Dong Hua is: 紫苑, 冬花的区别在于:

- A. Zi Wan (Radix Asteris Tatarici) has stronger action for stops the cough 紫苑的止咳强
- B. Zi Wan (Radix Asteris Tatarici) has stronger action for expels the phlegm 紫苑的化痰强
- C. Zi Wan (Radix Asteris Tatarici) has an additional function of stop vomiting 紫苑还能止呕
- D. Zi Wan (Radix Asteris Tatarici) has an additional function of kill the parasites 紫苑还能杀虫

117 The herb Pi Pa Ye (Fm, Eriobotryae) is indicated for: 枇杷葉的功用是主治：

- A. lung phlegm due to stagnation of cold 寒痰阻肺
- B. nausea, vomiting and hiccough due to stomach heat 胃熱而生噁心，嘔吐，呃逆
- C. lung abscess 肺膿瘍
- D. all of the above 以上皆是

118 To guide other to the lung and throat, the best herb would be: 下列那一味中藥能夠引其他諸藥入肺和咽喉?

- A. Bai Jie Zi (Sm Sinapis) 白芥子
- B. Zhi Tian Nan Xing (Rz Arisaematis) 炙天南星
- C. Jie Geng (Rx Platycodi) 桔梗
- D. Hai Zao (Sargassum) 海藻

119 The above herb can also cause the lung Qi to 上題這味藥還可以使得肺氣:

- A. Disseminate 輸布
- B. Descend 下降
- C. Deplete 耗損
- D. None of the above 以上皆非

120 Which of the following herbs is contraindicated in cases of cough with blood and pus? 以下那味藥是咳嗽有膿血的禁忌?

- A. Zi Wan (Rx. Asterisk) 紫菀
- B. Kuan Dong Hua (Fl. Farfarae) 款冬花
- C. Xing Ren (Sm. Armenicae) 杏仁
- D. None of the above. 以上皆非

121 A patient comes into the clinic with dry cough due to yin deficiency. Which herb would you suggest? 病人來看診有陰虛乾咳. 那你會建議用何中藥?

- A. Bai Bu (Rx. Stemonae) 百部
- B. Xing Ren (Sm. Armenicae) 杏仁
- C. Xuan Fu Hua (Fl. Inulae) 旋覆花
- D. Bai Qian (Rz. Cynanchi) 白前

122 All of the following herbs have the function of dissipating the nodules except: 除了以下那一味中藥, 其餘的藥都可以散結:

- A. Zhe Bei Mu (Bulbus Fritillariae thunbergii) 浙貝母
- B. Gua Lou Shi (Fr. Trichosanthis) 瓜蒌實
- C. Qian Hu (Rx. Peucedani) 前胡
- D. Chuan Bei Mu (Bulbus Fritillariae Cirrhosae) 川貝母

123 For a cough with productive yellow phlegm and concurrent wind heat with headache, the best herb to use would be: 咳嗽有大量的黃痰, 同時有風熱頭痛, 那一味藥是最好的?

- A. Gua Lou Shi (Fr. Trichosanthis) 瓜蒌實
- B. Qian Hu (Rx. Peucedani) 前胡
- C. Gua Lou Pi (Pericarpum Trichosanthis) 瓜蒌皮
- D. Both A and C A 和 C

124 Which of the following herbs can regulate Qi and stop pain? 以下那味藥可以理氣止痛?

- A. Zhi Ban Xia (Rz Pinelliae) 制半夏
- B. Zhu Ru (Caulis Bambusae) 竹茹
- C. Bai Jie Zi (Sm Sinapis) 白芥子
- D. Jie Geng (Rx Platycodi) 桔梗

125 In the following herbs of transforming phlegm, which one also has the function of promoting urination? 以下化痰藥中，哪一味兼有利尿的功效?

- A. Gua Lou Ren (Semen, Trichosanthis) 瓜蒌仁
- B. Tian Nan Jing (Rz Arisaematis) 天南星
- C. Hai Zao (Sargassum) 海藻
- D. Jie Geng (Rx Platycodi) 桔梗

126 All of the following herbs treat phlegm heat except 以下所有的藥都可以清痰熱，除了:

- A. Hai Zao (Sargassum) 海藻
- B. Bai Jie Zi (Sm Sinapis) 白芥子
- C. Zhu Ru (Caulis Bambusae) 竹茹
- D. None of the above 以上皆非

127 The herb Suan Zao Ren (Sm Zizyphi Spinosae) is used cautiously in: 中藥酸棗仁需慎用於:

- A. Pregnancy 妊娠
- B. Severe diarrhea 嚴重腹瀉
- C. Excess heat 實熱
- D. Both B & C B 和 C

128 Which of the following herb best to use with patient has insomnia, palpitation and constipation? 失眠心悸, 大便不通宜首選?

- A. Suan Zao Ren (Semen Zizyphi Spinosae) 酸棗仁
- B. He Huan Pi (Cortex Albizziae Julibrissin) 合歡皮
- C. Bai Zi Ren (Semen Biotae Orientalis) 柏子仁
- D. Yuan Zhi (Radix Polygalae Tenuifoliae) 遠志

- 129 Which of the following is not the action/function of Yuan Zhi (*Radix Polygalae Tenuifoliae*)? 下列那項不是遠志的功效?
- A. Calms the spirit and quiets the Heart 寧心安神
 B. Expels phlegm from the Lungs 化痰
 C. unblocks the channels 通經絡
 D. Reduces abscesses and dissipates swellings 消腫痛
- 130 Which of the following herb can augments the Liver and calms asthma? 下列那一味藥既能平肝又能平喘?
- A. Zhu Sha (*Cinnabaris*) 朱砂
 B. Ci Shi (*Magnetitum*) 磁石
 C. Hu Po (*Succinum*) 琥珀
 D. Long Gu (*Os Draconis*) 龍骨
- 131 What is the most important herb to treat insomnia due to Liver-Qi-Stagnation? 治療肝鬱失眠的首選藥為?
- A. Bai Zi Ren (*Semen Biotae Orientalis*) 柏子仁
 B. He Huan Pi (*Cortex Albizziae Julibrissin*) 合歡皮
 C. Ye Jiao Teng (*Caulis Polygoni Multiflori*) 夜交藤
 D. Yuan Zhi (*Radix Polygalae Tenuifoliae*) 遠志
- 132 The herb Gou Teng (*Rm Uncariae*) can treat all of the following except 除了下列那一項以外, 鉤藤皆可以治療?
- A. Tremors and seizures due to movement of liver wind 肝風內動引起的驚癇抽搐
 B. Hypertension due to kidney deficiency 腎虛引起的高血壓
 C. Headache due to ascendant liver yang 肝陽上亢造成的頭痛
 D. Red eyes and irritability due to liver fire 肝火造成的目赤及煩燥
- 133 Which herb goes to the heart channel? 下列那一味藥歸心經?
- A. Tian Ma (*Rx Gastrodiae*) 天麻
 B. Gou Teng (*Rm Uncariae*) 鉤藤
 C. Ci Ji Li (*Fr Tribulae*) 刺蒺藜
 D. Shi Jue Ming (*Concha Haliotidis*) 石決明

134 Which of the following herbs has the function of enriching the Yin and anchoring the Yang, and can be used to treat dizziness due to the ascendant Liver Yang? 具有滋阴、潜阳功效，治疗肝阳上亢、眩晕的药物是：

- A. Concha Haliotidis (shi jue ming) 石决明
- B. Plastrum Testudinis (gui ban) 龟板
- C. Rhizoma Gastrodiae Elatae (tian ma) 天麻
- D. Concha Ostreae (mu li) 牡蛎

135 Which of the following herb is important to treat migraine headache? 治療偏正頭痛的要藥為：

- A. Jue Ming Zi (Semen Cassiae) 決明子
- B. Gou Teng (Ramulus Uncariae cum Uncis) 鉤藤
- C. Tian Ma (Rhizoma Gastrodiae Elatae) 天麻
- D. Dai Zhe Shi (Haematitum) 代赭石

136 Which of the following herb has function to stop the bleeding? 下列那一藥還有止血的作用？

- A. Ling Yang Jiao (Cornu Antelopis) 羚羊角
- B. Dai Mei (Eretmochelys imbricata) 玳瑁
- C. Dai Zhe Shi (Haematitum) 代赭石
- D. Tian Ma (Rhizoma Gastrodiae Elatae) 天麻

137 Which of the following is not Shi Jue Ming's (Concha Haliotidis) action/function? 下列那一項不是石決明的功效？

- A. ascending liver yang 平肝
- B. drain liver fire 清肝
- C. moisten the intestines 潤腸
- D. improve vision 明目

138 Which of the following has to cook toward the end? 下列那一藥入煎劑須後下？

- A. Shi Jue Ming (Concha Haliotidis) 石决明
- B. Dai Zhe Shi (Haematitum) 代赭石
- C. Gou Teng (Ramulus Uncariae cum Uncis) 鉤藤
- D. Jue Ming Zi (Semen Cassiae) 決明子

139 Which of the following is not characteristic of the herb Shi Chang Pu (Rz Acori)? 下列哪一項不是石菖蒲的特點？

- A. Treats dull pain due to plegm dampness 治療痰濕引起的痺痛

- B. Treats epigastric and abdominal fullness due to turbidity and dampness in the middle burner 治療濕濁蒙蔽中焦所致的脘腹脹滿
- C. Alleviates forgetfulness due to heart and kidneys lack of communication 有益於心腎不交所致的健忘
- D. Treats painful obstruction, trauma and sores by promoting the flow of blood 可以活血而治療外傷和潰瘍

140 Patient has profuse sweating, cold extremities, and a minute (or weak) pulse. Which herb should be selected? 病人大汗淋漓, 四肢厥冷, 脉微欲绝, 应选用:

- A. Ren Shen (Radix Ginseng) 人参
- B. Xi Yang Shen (Radix Panacis Quinquefolii) 西洋参
- C. Dang Shen (Radix Codonopsis Pilosulae) 党参
- D. Tai Zi Shen (Radix Pseudostellariae Heterophyllae) 太子参

141 Patient usually easily catch cold, has shortness of breath, fatigue. Recently, it is accompany with prolepses of stomach, and diarrhea. Which of the following herb is best for this condition? 病人平素易感冒, 少气乏力, 近日又发生小腹下坠, 泄泻, 宜选用:

- A. Ren Shen (Radix Ginseng) 人参
- B. Dang Shen (Radix Codonopsis Pilosulae) 党参
- C. Bai Zhu (Rhizoma Atractylodis Macrocephalae) 白术
- D. Huang Qi (Radix Astragali Membranacei) 黄芪

142 Which of the following herb can be used to calm the fetus? 下列何药能安胎:

- A. Ren Shen (Radix Ginseng) 人参
- B. Huang Qi (Radix Astragali Membranacei) 黄芪
- C. Xi Yang Shen (Radix Panacis Quinquefolii) 西洋参
- D. Bai Zhu (Rhizoma Atractylodis Macrocephalae) 白术

143 Which of the following herbs can both nourish and invigorate the blood to treat blood stasis? 下列那一味藥有補血活血, 可以治療血瘀?

- A. Gou Qi Zi (Fr Lycii) 枸杞子
- B. Dang Gui (Rx Angelicae Sinensis) 當歸
- C. Long Yan Rou (Fr. Longan Arillus) 龍眼肉
- D. Sang Shen (Fr Mori) 桑椹

144 All of the following herbs are considered salty except 以下所有的藥物都是鹹味, 除了:

- A. Lu Rong (Cornu Cervi Pantotrichum) 鹿茸

- B. Suo Yang (Hb Cynomorii) 鎖陽
- C. Rou Cong Rong (Hb Cistanches) 肉苁蓉
- D. Ge Jie (Gecko) 蛤蚧

145 The herb Ba Ji Tian (Rx Morindae Officinalis) is indicated for all of the following except 巴戟天有以下所有的功效, 除了:

- A. Weakness of the knees and impaired urination due to kidney yin deficiency, with deficiency fire 腎陰虛伴有虛熱造成的膝無力和排尿障礙
- B. Infertility due to kidney yang deficiency 腎陽虛引起的不孕
- C. Pain due to wind cold damp 風寒濕痺造成的疼痛
- D. Difficulty in moving the joints due to cold damp obstruction and kidney deficiency 腎虛和寒濕痺痛造成的關節活动困难

146 A patient comes into the clinic complaining of impotence and urinary frequency. The patient also complains of constipation. On examination you find that the patient has a cold lower abdomen, a very pale flabby tongue and a weak and slow pulse. Which herb would be best for them? 病人來看診, 主訴為陽痿尿頻. 並有便秘的困擾. 檢查發現病人有腹部冷, 舌淡色白, 脈虛而遲. 那味中藥對此病人最合適?

- A. Lu Rong (Cornu Cervi Pantotrichum) 鹿茸
- B. Hu Lu Ba (Sm Trigonellae) 胡蘆巴
- C. Suo Yang (Hb Cynomorii) 鎖陽
- D. Ge Jie (Gecko) 蛤蚧

147 Which is an indication of the herb Yin Yang Huo (Hb Epimedii) 下列何者是淫羊藿的功效?

- A. Impotence and lack of sexual drive due to kidney yang deficiency 腎陽虛而致陽痿和缺乏性慾
- B. Congestion in the chest due to stagnation of blood 血瘀而致胸悶
- C. Leg pain due to damp heat draining downward 濕熱下注導致腿痛
- D. None of the above 以上皆非

148 Which of the following herbs is contraindicated in yin deficiency with heat signs? 以下那一味藥忌用於陰虛有熱証?

- A. Lu Rong (Cornu Cervi Pantotrichum) 鹿茸
- B. Suo Yang (Hb Cynomorii) 鎖陽
- C. Hu Lu Ba (Sm Trigonellae) 補骨脂
- D. All of the above 以上皆是

149 Which of the following herbs is considered neutral in thermal nature? 以下那一味藥性平?

- A. Xu Duan (Rx Dipsaci) 續斷

- B. Tu Si Zi (Sm Cuscutae) 菟絲子
- C. Du Zhong (Cortex Eucommiae) 杜仲
- D. Gou Ji (Rz Cibotii) 狗脊

150 Which of the following herbs is considered neutral in thermal nature? 下列那一味藥性平?

- A. E Jiao (Colla Corii Asini) 阿膠
- B. Bai Shao (Rx Paeoniae Alba) 白芍
- C. Gou Qi Zi (Fr. Lycii) 枸杞子
- D. Both A and C A 和 C

151 A patient comes into the clinic with palpitations, insomnia, and irregular menstruation. She also complains of having a weak back and knees, and sweats at night occasionally. The best herb to consider for her would be 女性病人有心悸, 失眠, 月經不調。她同時有腰膝無力, 有時會盜汗。首選藥為:

- A. Bai Zhu (Rz Attractylodes Macrocephalae) 白朮
- B. Shan Yao (Rz. Dioscorea) 山藥
- C. Gan Cao (Rx Glycyrrizae) 甘草
- D. Shu Di Huang (Rx Rehmanniae Preperata) 熟地黃

152 The herb in the question above is contraindicated in 承上題, 何項是此藥物的禁忌?

- A. Pregnancy 懷孕
- B. Qi stagnation 氣滯
- C. Fullness and pain in the abdomen 腹部脹痛
- D. Both B and C B 和 C

153 An elderly patient comes into the clinic with a chronic cough and wheezing. They are constipated and also urinate frequently. They generally hate having to take herbal formulas. Which herb could you recommend as a single herb to treat this patient? 一個老年人來到診所, 有慢性咳嗽及氣喘。同時有便秘及頻尿。他討厭服用中藥方劑。你會建議他服用那個單味中藥來治療他的疾病?

- A. He Tao Ren (Sm. Juglandis) 核桃仁
- B. Gu Sui Bu (Rz Drynariae) 骨碎補
- C. Gou Ji (Rz Cibotii) 枸杞
- D. None of the above 以上皆非

154 Which of the following herb if use prolong might lead to hypertension? 下列哪味药长期服用易导致浮肿, 高血压:

- A. Da Zhao (Fructus Zizyphi Jujubae) 大棗
- B. Feng Mi (Honey) 蜂蜜

- C. Yi Tang (Saccharum Granorum) 饴糖
- D. Gan Cao (Radix Glycyrrhizae) 甘草

155 Yin tonics are generally sweet, cold, enriching, and cloying. Therefore, they are inappropriate for patients with Spleen or Stomach deficiency, internal obstruction of dampness or phlegm, abdominal distention, or diarrhea. 補陰藥大都甘寒滋膩, 故凡脾胃虛弱, 痰溼內阻, 腹脹便溏者均不宜用。

- A. TRUE 是
- B. FALSE 否

156 Which of the following herb in the category of yin tonic has neutral property? 下列那一味補陰藥, 藥性平?

- A. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子
- B. Yu Zhu (Rhizoma Atractylodis Macrocephalae) 玉竹
- C. Bai He (Bulbus Lili) 百合
- D. Tian Men Dong (Tuber Asparagi Cochinchinensis) 天門冬

157 Which of the following herbs is effective in treating insomnia due to heart yin deficiency? 下列那一味藥, 可以有效的治療心陰虛引起的失眠?

- A. Sha Shen (Rx Glehniae) 沙參
- B. Mai Men Dong (Rx Ophiopogonis) 麥門冬
- C. Tian Men Dong (Rx Asparagi) 天門冬
- D. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子

158 Which of the following herbs does not have salty taste? 下列藥皆是鹹味, 除了:

- A. Shi Hu (Herba Dendrobii) 石斛
- B. Gui Ban (Plastrum Testudinis) 龜板
- C. Bie Jia (Carapax Amydae Sinensis) 鱉甲
- D. Sang Ji Shen (Ramulus Sangjisheng) 桑寄生

159 Which of the following herbs does not enter Kidney and Liver channel? 下列何藥並不歸肝腎兩經?

- A. Gou Qi Zi (Fr Lycii) 枸杞子
- B. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子
- C. Hei Zhi Ma (Semen Sesami Indici) 黑芝麻
- D. Bie Jia (Carapax Amydae Sinensis) 鱉甲

160 Which one of the following herb in the category of yin tonic have sour taste? 下列補陰藥中, 那一味藥有酸味?

- A. Han Lian Cao (Herba Ecliptae Prostratae) 旱蓮草
- B. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子
- C. Sang Ji Shen (Ramulus Sangjisheng) 桑寄生
- D. Sang Shen (Fr Mori) 桑椹

161 The herb Bei Sha Shen (Rx Glehniae) has all the following functions except 北沙參有以下的功效, 除了:

- A. Nourishes lung yin 補肺陰
- B. Nourishes kidney yin 補腎陰
- C. Generates stomach yin and fluids 益胃生津
- D. Clears lung heat 清肺熱

162 A patient comes into the clinic suffering from dizziness and headaches. They also have blurred vision and constipation. Which herb might be best for this patient? 病人有頭暈頭痛, 兼有視力模糊和便秘, 那一味藥對病人好?

- A. Hei Zhi Ma (Semen Sesami Indici) 黑芝麻
- B. Rou Cong Rong (Herba Cistanches Deserticolae) 肉苁蓉
- C. Shu Di Huang (Radix Rehmanniae Glutinosae Conquिताe) 熟地黃
- D. Dang Gui (Radix Angelicae Sinensis) 當歸

163 Which of the following herbs can be used to nourish and tonifies the Liver and Kidney yin, cools the blood and stops bleeding? 下列那味藥適用於滋補肝腎之陰, 涼血止血?

- A. Han Lian Cao (Herba Ecliptae Prostratae) 旱蓮草
- B. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子
- C. Qian Cao Gen (Radix Rubiae Cordifoliae) 茜草根
- D. Pu Huang (Pollen Typhae) 蒲黃

164 Which of the following herb can used to nourishes and tonifies the Liver and Kidney yin, clears heat from deficiency, and improves vision? 下列那味藥適用於補肝腎之陰, 清熱明目?

- A. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子
- B. Hai Zhi Ma (Semen Sesami Indici) 黑芝麻
- C. Shi Hu (Herba Dendrobii) 石斛
- D. Gou Qi Zi (Fr Lycii) 枸杞子

165 Which of the following herbs can be used to moistens the lungs, clears heat, and stop cough, clears the heart and clams the spirit? 下列那味藥適用於清肺潤肺而止咳嗽, 以及清心安神?

- A. Bai He (Bulbus Lili) 百合

- B. Xi Yang Shen (Radix Panacis Quinquefolii) 西洋參
- C. Mai Men Dong (Tuber Ophiopogonis Japonici) 麥門冬
- D. Gui Ban (Plastrum Testudinis) 龜板

166 Which of the following herb in stabilized and bind section can stop bleeding and vaginal discharge? 下列固澀藥中, 那一味藥可以收斂止血, 止帶?

- A. Shan Zhu Yu (Fructus Corni Officinalis) 山茱萸
- B. Sang Piao Xiao (Ootheca Mantidis) 桑螵蛸
- C. Ma Huang Gen (Radix Ephedrae) 麻黃根
- D. Fu Pen Zi (Fructus Rubi Chingii) 覆盆子

167 Herbs that Stabilize and Bind only treat the manifestation; to be useful they must be combined with appropriate herbs to treat the root cause of the problem, which is most often a form of deficiency. 固澀藥大多治病之標, 必須要配伍其他的方劑治其根本。其根本原因是多為虛証。

- A. TRUE 是
- B. FALSE 否

168 Most of the herbs that stabilize and bind are sour and warm 固澀藥大多性味酸溫。

- A. TRUE 是
- B. FALSE 否

169 In the category of herbs that stabilize and bind, which of the following herb can be used to kill parasites, especially for roundworms? 固澀藥中, 下列何藥可用於殺蟲, 可治蛔蟲病?

- A. Chun Pi (Cortex Alanthi) 椿皮
- B. He Zi (Fructus Terminaliae Chebulae) 訶子
- C. Sang Ji Shen (Ramulus Sangjisheng) 桑寄生
- D. Ying Su Ke (Pericarpium Papaveris Somniferi) 罌粟殼

170 In the category of herbs that stabilize and bind, which of the following herb can be apply topically as a plaster to treat corns and warts? 固澀藥中, 下列何藥外敷可消瘡毒, 並治贅肉外突?

- A. Wu Mei (Fructus, Mume) 烏梅
- B. Chi Shi Zhi (Rubrum Halloysitum) 赤石脂
- C. Ku Shen (Radix Sophorae Flavescens) 苦參
- D. Liu Huang (Sulphur) 硫黃

171 In the category of herbs that stabilize and bind, which of the following herb can be used to promote healing of wounds, generate flesh for nonhealing ulcers and weeping damp sores? 固澀藥中, 下列何藥可用於收濕, 生肌, 斂瘡?

- A. Chi Shi Zhi (Rubrum Halloysitum) 赤石脂

- B. Chun Pi (Cortex Alanthi) 椿皮
- C. He Zi (Fr. Chebulae) 訶子
- D. Wu Mei (Fructus Pruni Mume) 烏梅

172 Patient was diagnosis as chronic diarrhea due to Spleen deficiency. What is the best herb for this condition? 病人的診斷為脾虛引起的慢性腹瀉,首選藥為?

- A. Lian Zi (Semen Nelumbinis Nuciferae) 蓮子
- B. Chun Pi (Cortex Alanthi) 椿皮
- C. He Zi (Fr. Chebulae) 訶子
- D. Wu Mei (Fructus Pruni Mume) 烏梅

173 Patient was diagnosis as chronic diarrhea due to damp-heat. What is the best herb for this condition? 病人的診斷為濕熱引起的慢性腹瀉,首選藥為?

- A. Lian Zi (Sm Nelumbinis) 蓮子
- B. Chun Pi (Cortex Alanthi) 椿皮
- C. He Zi (Fr. Chebulae) 訶子
- D. Wu Mei (Fructus Pruni Mume) 烏梅

174 A patient comes into the clinic suffering from lower back weakness, as well as lightheadedness. On physical exam, you note that the patient has elevated blood pressure. Which herb might be best to try? 病人因腰背無力和頭暈來看診,檢查時你發現病人的血壓升高.那味中藥對此病人最合適?

- A. Du Zhong (Cortex Eucommiae) 杜仲
- B. Xian Mao (Rz Curculiginis) 仙茅
- C. Gu Sui Bu (Rz Drynariae) 骨碎補
- D. Yi Zhi Ren (Fr Alpinae) 益智仁

175 All of the herbs below go to the kidney and liver channels except 下列除了那味藥以外,其餘的藥皆歸肝腎兩經?

- A. Tu Si Zi (Sm Cuscutae) 菟絲子
- B. Yi Zhi Ren (Fr Alpinae) 益智仁
- C. Gou Ji (Rz Cibotii) 狗脊
- D. Du Zhong (Cortex Eucommiae) 杜仲

176 The herb in the question above can be used for all of the following except 承上題,此藥物有以下所有的功效,除了:

- A. Pain in the lower extremities 下肢疼痛
- B. Excessive salivation 過量分泌唾液

- C. Urinary incontinence 遺尿
D. Diarrhea 泄瀉
- 177 Which of the following herb is considered to be toxic? 下列那一味藥有毒?
A. Xian Mao (Rz Curculiginis) 仙茅
B. Bu Gu Zhi (Sm Psoraleae) 補骨脂
C. Xu Duan (Rx Dipsaci) 續斷
D. Gu Sui Bu (Rz Drynariae) 骨碎補
- 178 Which herb below is used to treat pain? 下列那一味藥可以治療痛症?
A. Xu Duan (Rx Dipsaci) 續斷
B. Du Zhong (Cortex Eucommiae) 杜仲
C. Gou Ji (Rz Cibotii) 狗脊
D. All of the above 以上皆是
- 179 Which herb would be best to use in patient that has a chronic dry cough with less phlegm due to lung yin deficiency? 下列那一味藥可以治療肺陰虛造成的久咳、乾咳少痰?
A. Nu Zhen Zi (Fr Ligustri Lucidi) 女貞子
B. Nan Sha Shen (Rx Adenophorae) 南沙參
C. Mai Men Dong (Tuber, Ophiopogonis) 麥門冬
D. He Zhi Ma (Sm Sesami Indici) 黑芝麻
- 180 The herb Shi Hu (Hb Dendrobii) can treat 石斛的主治為何?
A. Parched mouth and throat, severe thirst due to stomach yin deficiency 胃陰不足造成的口乾喉燥與嚴重口渴
B. Blurred vision and dizziness due to liver and kidney deficiency 肝腎虧虛所致的視力模糊與頭暈
C. Low grade fever and chronic sore throat due to kidney yin deficiency 腎陰虛所致的低溫發燒與慢性喉嚨痛
D. All of the above 以上皆是
- 181 Herbs that nourish the yin tend to: 滋陰的中藥是：
A. Be cold and ascending, 寒性而上行的
B. Treat symptoms of night sweating, after fever, 能夠治療發燒后的夜間盜汗
C. Have a sweet and salty taste 味甘、鹹
D. Have an affinity with the kidney and urinary bladder 入腎經和膀胱經

- 182 Herbs that treat yang deficiency will 治療陽虛的中藥：
- A. Have a sweet taste in order to tonify 味甘，有補益功效
 - B. Tend to be salty, as this leads the herb to the source of yang, the kidney 往往味鹹，可以入陽氣之源 – 腎經
 - C. Treat cold extremities, fatigue, knee weakness 可以治療四肢不溫、疲倦乏力、膝軟等症
 - D. All of the above 以上皆是
- 183 Which of the following herb can use to tonify the yin and qi? 既補陰又補氣的藥是：
- A. Ren Shen (Radix Ginseng) 人參
 - B. Bai Zhu (Rhizoma Atractylodis Macrocephalae) 白朮
 - C. Shan Yao (Rz. Dioscorea) 山藥
 - D. Dang Shen (Radix Codonopsis Pilosulae) 黨參
- 184 Which of the following herbs calms the fetus? 以下那一味藥可以安胎？
- A. Xu Duan (Rx Dipsaci) 續斷
 - B. Tu Si Zi (Sm Cuscutae) 菟絲子
 - C. Du Zhong (Cortex Eucommiae) 杜仲
 - D. All of the above 以上皆是
- 185 Which herb may be best used to treat daybreak diarrhea due to spleen and kidney yang deficiency? 下列哪一味藥可以治療腎陽虛引起的五更瀉泄？
- A. Xu Duan (Rx. Dipsaci) 續斷
 - B. Hu Tao Ren (Sm. Juglandis) 胡桃仁
 - C. Bu Gu Zhi (Sm Psoraleae) 補骨脂
 - D. None of the above. 以上皆非
- 186 An elderly patient comes into the clinic with a chronic cough and wheezing. He is constipated and also urinates frequently. He generally hates having to take herbal formulas. Which herb could you recommend as a single herb to treat this patient? 一個老先生有慢性咳嗽和氣喘，他有便秘和尿頻的困擾，一向不愛吃中藥，你要建議他服用那一味中藥？
- A. He Tao Ren (Sm Juglandis) 核桃仁
 - B. Gu Sui Bu (Rz Drynariae) 骨碎補
 - C. Gou Ji (Rz Cibotii) 枸杞
 - D. None of the above. 以上皆非
- 187 Which of the following herbs is best to treat abdominal distention caused by damp heat, and the stagnation of food and qi? 治療濕熱、食積、氣滯所致的脘腹脹滿，首選藥是：

- A. Sha Ren (Fructus Amomi) 砂仁
- B. Rhizoma Atractylodis (cang zhu) 苍术
- C. Pericarpium Citri Reticulatae (chen pi) 陈皮
- D. Cortex Magnoliae Officinalis (hou po) 厚朴

188 Which of the following herbs can both treat chronic diarrhea due to the Spleen deficiency and insomnia due to deficiency irritability? 既可以治脾虚久泻，又可以治虚烦失眠的药是：

- A. Semen Nelumbinis Nuciferae (lian zi) 莲子
- B. Semen Euryales Ferocis (qian shi) 芡实
- C. Semen Euryales Ferocis (qian shi) 山药
- D. Sclerotium Poriae Cocos (fu shen) 茯神

189 Which herb should be used with caution in cases where the patient has difficulty in urinating and defecating? 下列哪一味药需慎用于排尿及排便困难的患者？

- A. Chun Pi (Cortex Alanthi) 椿皮
- B. Bai Guo (Sm Ginkgo) 白果
- C. Qian Shi (Sm Eurales) 芡实
- D. All of the above 以上皆是

190 All of the following are functions of the herb Shan Zhu Yu (Fr Corni) Except 下列除了哪一项以外，全都是山茱萸的功效？

- A. Incontinence due to kidney yang deficiency 肾阳虚引起的小便失禁
- B. Excessive sweating due to collapse of yang qi 阳虚脱引起的大汗
- C. Excessive uterine bleeding 子宫大量出血
- D. Diarrhea due to spleen deficiency 脾虚造成的腹泻

191 Which of the herbs goes to the heart channel? 以下哪味药入心经？

- A. Fu Xiao Mai (Fr. Triticis Levis) 浮小麦
- B. Hai Piao Xiao (Endoconchae Sepiae) 海螵蛸
- C. Fu Pen Zi (Fr Rubi) 覆盆子
- D. All of the above 以上皆是

192 Which of the following can cause constipation if used long term? 下列哪味药久服会造成便秘？

- A. Hai Piao xiao (Endoconchae Sepiae) 海螵蛸
- B. Fu Pen Zi (Fr Rubi) 覆盆子
- C. Fu Xiao Mai (Fr Triticis Levis) 浮小麦
- D. None of the above. 以上皆非

- 193 All the herbs below are considered neutral in thermal nature except: 以下所有的藥的藥性性平, 除了:
- A. Chun Pi (Cortex Alanthi) 椿皮
 - B. Lian Zi (Sm Nelumbinis) 蓮子
 - C. Jin Ying Zi (Fr Rosae Laevigatae) 金櫻子
 - D. Qian Shi (Sm Eurales) 芡實
- 194 Herbal astringents are used to: 收澀的中藥用於:
- A. stop bleeding 止血
 - B. Stop sweating 斂汗
 - C. Decrease urination 減少尿量
 - D. All of the above 以上皆是
- 195 An elderly patient comes into the clinic suffering from frequent urination. They also have poor eyesight. Which herb or herbs would you suggest? 一個老年人有頻尿, 同時有視力不佳。你會建議他服用哪一味中藥?
- A. Hai Piao Xiao (Endoconchae Sepiae) 海螵蛸
 - B. Fu Pen Zi (Fr Rubi) 覆盆子
 - C. Fu Xiao Mai (Fr Triticis Levis) 浮小麥
 - D. Jin Ying Zi (Fructus ,Rosae Laevigatae) 金櫻子
- 196 Which of the following herbs is contraindicated in pregnancy and in cases of cold damp in the spleen and stomach? 下列哪一味藥是孕婦禁用以及脾胃虛寒者忌服?
- A. Wu Wei Zi (Fr Schisandrae) 五味子
 - B. Fu Xiao Mai (Fr Triticis Levis) 浮小麥
 - C. Wu Mei (Fr Mume) 烏梅
 - D. Bie Jia (Carapax Trionycis) 鱉甲
- 197 Which herb is best used to treat palpitations and anxiety due to lack of communication between the heart and kidneys? 下列哪一味藥能治療心腎不交引起的心悸和焦慮?
- A. Chun Pi (Cortex Alanthi) 椿皮
 - B. Jin Ying Zi (Fr Rosae Levigatae) 金櫻子
 - C. He Zi (Fr. Chebulae) 訶子
 - D. Lian Zi (Sm Nelunbinis) 蓮子
- 198 Which herb can be used effectively to treat itching? 下列哪一味藥能有效的止癢?
- A. Ci Ji Li (Fr Tribuli) 刺蒺藜

- B. She Chunag Zi (Fr. Cinidii) 蛇床子
- C. Di Long (Pheretima) 地龍
- D. Hai Piao Xiao (Endoconchae Sepiae) 海螵蛸

199 A patient comes into the clinic suffering from vaginal discharge that is clear and copious. She also has lower back pain. Which herb would you think of first? 病人有白帶的困擾, 白帶多色清, 她也有腰背疼痛, 以下哪一味藥適合她?

- A. She Chuang Zi (Fr Cinidii) 蛇床子
- B. Ci Ji Li (Fr Tribuli) 刺蒺藜
- C. Tian Ma (Rx Gastrodiae) 天麻
- D. Di Long (Pheretima) 地龍

200 Which of the following herb can use to spread the Liver Qi? 下列哪味药可以疏肝气?

- A. Qing Pi (Pericarpium Citri Reticulatae Viride) 青皮
- B. Chen Pi (Pericarpium Citri Reticulatae) 陈皮
- C. Zhi Shi (Fructus Immaturus Citri Aurantii) 枳实
- D. Zhi Ke (Fructus Citri Aurantii) 枳壳