

CNT 洁针技术

- 1 The best needles for electro-acupuncture are made of: 最佳的電針針具應該是什麼材料製作的？
 - A. gold 金子
 - B. silver 銀子
 - C. stainless steel 不銹鋼
 - D. this isn't important 什麼材料製作並不重要

- 2 electric-acupuncture, the path of electricity should NOT go across 在作电针治疗时，不应该让电流经过：
 - A. the heart region 心脏部位
 - B. the spine 脊柱
 - C. the brain 脑部
 - D. all of the above 以上皆是

- 3 Where should the sharps container be located? 放置使用後的針具的容器應該放在：
 - A. In a common area convenient to all treatment rooms 靠近所有治療室的一個地方
 - B. Anywhere in a treatment room 治療室內的任何地方
 - C. Right beside the treatment table 緊靠治療床的地方
 - D. None of the above 以上皆非

- 4 What is the most important thing to do to prevent cross-infection? 爲了防止交叉感染，下列哪一項是最重要的？
 - A. Use disposable needles 使用一次性針灸針
 - B. Always wear gloves 一直戴著手套
 - C. Frequent hand washing 經常洗手
 - D. Isolating used needles 隔離用過的針具

- 5 When inserting needles, the hands should be: 當你針刺進針的時候，你的手應該是：
 - A. sterilized 消毒的
 - B. disinfected 沒有感染的
 - C. clean 乾淨的
 - D. contaminated 污染的

- 6 Which is true? 下列說法哪一個是正確的？
 - A. all health care workers must be tested for HIV annually 所有從事醫藥衛生/醫療工作的人員每年必須作 HIV 試驗
 - B. all health care workers should have the vaccination for TB 所有從事醫藥衛生/醫療工作的人員必須接種結核疫苗
 - C. fingernails must be kept short on acupuncturists 針灸師的手指甲必須剪短
 - D. all of the above 以上皆是

- 7 The first hand wash involves: 針灸師治療病人之前的第一次洗手應該是：
 - A. Soaping up once 用肥皂洗一次
 - B. Soaping up twice 用肥皂洗兩次
 - C. Soaping up three times 用肥皂洗三次

D. Soaping up four times 用肥皂洗四次

8 What is the greatest source of risk to the practitioner and patient? 對於病人和醫生而言, 什麼是最大的風險?

- A. contaminated needles 已經污染的針灸針
- B. biohazardous waste, but not the sharps 不帶鋒利刃口的生物垃圾
- C. coughing and sneezing 咳嗽和噴嚏
- D. oozing skin lesions 皮膚上有滲出物的傷口

9 When should you wash hands? 什麼時候你應該洗手?

- A. immediately before the acupuncture treatment 施行針灸治療前
- B. at the end of a treatment 一次治療之後
- C. whenever the hands become contaminated 一旦手被污染,任何時候必須洗手
- D. all of the above 以上皆是

10 You should wash your hands 什麼時候你應該洗手?

- A. after removing the needles and before handling anything else 在拔針之後, 拿其他任何物體之前
- B. after putting away the sharps container 在放回裝針具的容器之後
- C. both times 上面兩種情況都必須洗手
- D. either time, but both are not necessary 上面任一種情況都可以洗手, 但都不是必須洗手

11 If you want to "close the hole", use 如果你拔針後需要閉孔, 使用:

- A. sterile cotton 消毒棉球
- B. clean cotton 乾淨棉球
- C. your finger 你的手指
- D. cannot do this 不可以閉孔

12 While performing acupuncture, the wrapper from the alcohol wipe may be temporarily placed back on the clean field. 當你施行針灸治療時, 用過的酒精拭塊可以暫時放回到乾淨的區域

- A. TRUE 正確
- B. FALSE 錯誤

13 In a travel kit, the sharps container can be located in the same bag with the clean needles, so it is convenient for the practitioner. 在出診時, 裝已用過針具的容器可以與乾淨的針灸針放在同一個包內, 這樣方便針灸師使用

- A. TRUE 正確
- B. FALSE 錯誤

14 If you need to, before using, you can lay down a needle on 如果需要, 你可以在使用針灸針之前將針放在:

- A. the clean field 潔淨的區域
- B. sterile gauze 消毒的紗布上
- C. cannot lay the needle down before use. 在使用針灸針之前不可以將針放在任何地方
- D. None of the above 以上皆非

15 If you need to support the shaft of the needle during insertion, it is acceptable to do it with 如果你在進針時必須扶持針柄, 你可以:

- A. clean fingers 用乾淨的手指扶持針柄
- B. clean cotton balls 用乾淨的棉球扶持針柄
- C. sterile gauze or cotton 用消毒的紗布或棉球

D. never acceptable 你不可以扶持針柄

16 It is acceptable to touch the acupuncture point after cleaning the skin, as long as the hands have not been contaminated. 醫生在自己的手沒有被污染之前, 可以觸摸已經消毒過的患者穴位處的皮膚。

- A. TRUE 正确
- B. FALSE 错误

17 It is better to needle while the alcohol is still wet 在酒精尚未乾的時候進針為好

- A. TRUE 正确
- B. FALSE 错误

18 Even though it looks clean, the area to be needled should always be 即使看上去是乾淨的, 對於針刺的部位應該:

- A. swabbed with alcohol 用酒精擦拭
- B. washed with soap and water 用肥皂和水沖洗
- C. swabbed with betadyne 用碘酒擦拭
- D. none are necessary if it looks clean 如果看上去是乾淨的, 不需要做任何措施

19 Guide tubes must be sterile for each insertion 每一次進針時, 針灸針導管必須是無菌消毒的

- A. TRUE 正确
- B. FALSE 错误

20 Cups must be sterilized 拔罐用的罐子必須無菌消毒, 當你

- A. for every patient 治療每一個患者時
- B. for every use, even on the same patient 每一次使用時, 即使在同一個患者身上使用
- C. when bleeding occurs 當發現出血現象時
- D. never, as they cannot be reused 罐子不必消毒, 因為從不重覆使用

21 In general, blankets may be used on more than one patient without washing in between even if they touch the patient's skin. 一般而言, 毛毯即使接觸患者的皮膚, 仍然可能不加洗滌而使用於不同的患者

- A. TRUE 正确
- B. FALSE 错误

22 Which are blood borne viruses that can cause serious chronic disease? 以下何種經由血液傳染的病毒會導致嚴重的慢性病?

- A. HBV B 型肝炎病毒
- B. HCV C 型肝炎病毒
- C. HIV 人體自體免疫病毒
- D. all of the above 以上皆是

23 Which is the most significant infectious occupational risk in the US, the most easily transmitted? 以下何者是在美國最重要的職業風險的傳染病, 是最容易傳播的?

- A. HBV B 型肝炎病毒
- B. HCV C 型肝炎病毒
- C. HIV 人體自體免疫病毒
- D. TB 肺結核病毒

24 The CDCP strongly recommends that all health care workers be vaccinated for 美國疾病控制委員會強烈的建議所以醫療人員都應施打下列哪一種疫苗?

- A. HBV B 型肝炎病毒

- B. HCV C型肝炎病毒
- C. HIV 人體自體免疫病毒
- D. TB 肺結核病毒

25 According to the universal precautions, you should wear gloves when you treat a patient that might have HIV but not for other patients 根據"常規預防規範",當你在治療可能患有人體免疫缺陷病毒(愛滋病毒)的患者時,你可以戴手套,但是對於其他的患者可以不戴手套

- A. TRUE 正確
- B. FALSE 錯誤

26 Select all choices that sterilize 下列何者是"無菌消毒"?

- A. boiling water 將水煮沸
- B. steam in a pressure cooker 在壓力鍋中蒸煮
- C. autoclave 高壓蒸氣滅菌鍋
- D. soaking in alcohol 在酒精裡浸泡

27 In order to break down the cell walls of resistant spores, the steam sterilization process needs 為要將孢子的細胞壁打破,蒸汽滅菌過程中,那一項是必要的?

- A. a sudden drop in pressure 壓力極速下降
- B. an extremely high temperature 極高的溫度
- C. an extremely long time 極長的時間
- D. actually, only dry heat sterilizes 事實上,只需要高溫烘烤滅菌

28 If you pierce an artery by accident, you should press for 倘若你扎針時不小心刺到動脈,你必須按壓止血多久?

- A. 30 seconds 30 秒
- B. 1 minute 1 分鐘
- C. 3 minutes 3 分鐘
- D. 5 minutes 5 分鐘

29 When bleeding a patient, wear 當你為病人實施放血療法時,你應當戴

- A. one pair of gloves 一層手套
- B. double gloves 雙層手套
- C. gloves on the hand that holds the cotton ball 持棉球的手戴手套
- D. no gloves are necessary 不需要戴手套