

		A	B	C	D
1	The best needles for electro-acupuncture are made of:	A. gold	B. silver	C. stainless steel	D. this isn't important
2	electric-acupuncture, the path of electricity should NOT go across	A. the heart region	B. the spine	C. the brain	D. all of the above
3	Where should the sharps container be located?	A. In a common area convenient to all treatment rooms	B. Anywhere in a treatment room	C. Right beside the treatment table	D. None of the above
4	What is the most important thing to do to prevent cross-infection?	A. Use disposable needles	B. Always wear gloves	C. Frequent hand washing	D. Isolating used needles
5	When inserting needles, the hands should be:	A. sterilized	B. disinfected	C. clean	D. contaminated
6	Which is true?	A. all health care workers must be tested for HIV annually	B. all health care workers should have the vaccination for TB	C. fingernails must be kept short on acupuncturists	D. all of the above
7	The first hand wash involves:	A. Soaping up once	B. Soaping up twice	C. Soaping up three times	D. Soaping up four times
8	What is the greatest source of risk to the practitioner and patient?	A. contaminated needles	B. biohazardous waste, but not the sharps	C. coughing and sneezing	D. oozing skin lesions
9	When should you wash hands?	A. immediately before the acupuncture treatment	B. at the end of a treatment	C. whenever the hands become contaminated	D. all of the above
10	You should wash your hands	A. after removing the needles and before handling anything else	B. after putting away the sharps container	C. both times	D. either time, but both are not necessary
11	If you want to "close the hole", use	A. sterile cotton	B. clean cotton	C. your finger	D. cannot do this
12	While performing acupuncture, the wrapper from the alcohol wipe may be temporarily placed back on the clean field.	A. TRUE	B. FALSE	C.	D.
13	In a travel kit, the sharps container can be located in the same bag with the clean needles, so it is convenient for the practitioner.	A. TRUE	B. FALSE	C.	D.
14	If you need to, before using, you can lay down a needle on	A. the clean field	B. sterile gauze	C. cannot lay the needle down before use.	D.
15	If you need to support the shaft of the needle during insertion, it is acceptable to do it with	A. clean fingers	B. clean cotton balls	C. sterile gauze or cotton	D. never acceptable

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16	It is acceptable to touch the acupuncture point after cleaning the skin, as long as the hands have not been contaminated.	A. TRUE	B. FALSE	C.	D.
17	It is better to needle while the alcohol is still wet	A. TRUE	B. FALSE	C.	D.
18	Even though it looks clean, the area to be needled should always be	A. swabbed with alcohol	B. washed with soap and water	C. swabbed with betadyne	D. none are necessary if it looks clean
19	Guide tubes must be sterile for each insertion	A. TRUE	B. FALSE	C.	D.
20	Cups must be sterilized	A. for every patient	B. for every use, even on the same patient	C. when bleeding occurs	D. never, as they cannot be reused
21	In general, blankets may be used on more than one patient without washing in between even if they touch the patient's skin.	A. TRUE	B. FALSE	C.	D.
22	Which are blood borne viruses that can cause serious chronic disease?	A. HBV	B. HCV	C. HIV	D. all of the above
23	Which is the most significant infectious occupational risk in the US, the most easily transmitted?	A. HBV	B. HCV	C. HIV	D. TB
24	The CDCP strongly recommends that all health care workers be vaccinated for	A. HBV	B. HCV	C. HIV	D. TB
25	According to the universal precautions, you should wear gloves when you treat a patient that might have HIV but not for other patients	A. TRUE	B. FALSE	C.	D.
26	Select all choices that sterilize	A. boiling water	B. steam in a pressure cooker	C. autoclave	D. soaking in alcohol
27	In order to break down the cell walls of resistant spores, the steam sterilization process needs	A. a sudden drop in pressure	B. an extremely high temperature	C. an extremely long time	D. actually, only dry heat sterilizes
28	If you pierce an artery by accident, you should press for	A. 30 seconds	B. 1 minute	C. 3 minutes	D. 5 minutes
29	When bleeding a patient, wear	A. one pair of gloves	B. double gloves	C. gloves on the hand that holds the cotton ball	D. no gloves are necessary